LET HER DOWN EASY

Nearly a quarter of guys admit that they encourage admirers even when the feeling isn't mutual. Not cool. If she's interested and you're not, you need to be honest and final—without going into specifics. "Don't start

describing the type of woman you like or say she's not your type," says Audrey Nelson, Ph.D., a gender com-munications expert. Simply say

you don't think you're compatible.

Don't apologize or say she's a "great girl"—that's just patronizing.

Crush, the Numbers

Percentage of guys whose first crush was on one of their classmates

Number of men who pulled their first crush's hair to get her attention

1in2 | Number wife Salence Number who suffered through their

Percentage of men who owned a Britney Spears poster in their youth

Percentage who became enamored with a cartoon character as a kid

Percentage of men who tend to fall for their female friends

Percentage who've successfully taken those friendships to the next level

Percentage who have ended a platonic friendship after their advances were rebuffed

Percentage who've friended a former crush on Facebook

Percentage who have a thing for a current Words with Friends opponent

Percentage of men who say fantasizing is the telltale sign of infatuation

Percentage who say stalking her Facebook page is the real giveaway

Percentage of office guys who've fallen for one of the company's interns

Percentage who've found themselves obsessing over their bosses instead

1in6 | Number of free who are lationship even though they're in a relationship Number of men who are nursing a crush

Percentage of men who say Mila Kunis is their biggest celebrity crush

Number of months the average guy carries a torch before giving up

Percentage of men who say they'll carry their torches until they die

lad's youthful yearnings. You want to validate the emotional impact of this experience," says psychologist Jeffrey Bernstein, Ph.D. So be collaborative, not adversarial, and try not to interrogate the kid. Your line: "I'm glad you're sharing this with me. What do you find so special about this person?' That way your little lovebug is less inclined to shut you out later, when a crush progresses into a real relationship.





Animated gal the average guy loved the most: Jessica Rabbit



KICK THOSE JITTERS

You know confidence is

attractive, yet you choke every time the object of

your affection is around. So practice. "The more you

hit on women, the more relaxed you can be," says Nelson. "Work on refining

your repertoire of openended questions, such as how she likes her spin class." Then, once you do

approach her, keep the chat all about her. It's when

you start talking about

yourself that you feel selfconscious, Nelson adds.

You may embellish things

to impress her. Your fumbles won't stand out if

you're focused on her.

TO THE CURB









Beautiful face, hot body, of humor Trait that'll douse

to trigger the average guy's infatuation:

the flame the fastest:
Promiscuity



The average guy's biggest guy crushes: Ryan Reynolds, Brad Pitt, **Bradley Cooper**





Rabbit), JASON LEE